



BRIGHTEN THE HOLIDAYS FOR SENIORS IN OUR COMMUNITY THIS YEAR.

Aster is collecting gifts for the holidays to ensure that vulnerable older adults in our community can experience the magic of the holiday season. Last year, we were able to provide over 1,200 seniors with a plentiful holiday gift bag, and hundreds benefitted from our annual holiday luncheons.

Your impact this holiday season is big - beneficiaries of this unique program might otherwise not receive anything for the holidays. With your help, we can bring the holiday spirit to even more seniors this year!

See the back for ways to get involved.

We are asking for your support to make the holidays brighter for the seniors in our East Valley Communities. We have several opportunities that suit both individuals and groups.

Gift Collection Wish List

Interested in collecting new items for seniors in need? Please see below for our list of suggestions. We ensure that your gifts will be given to our most isolated participants, who may not otherwise be remembered for the holidays.

- Gift Cards (*grocery store, Target, etc*)
- Jigsaw Puzzles
- Puzzle Books (*larger print preferred*)
- Jar Openers
- Adult Coloring Books
- Colored Pencils
- Arts & Crafts Supplies
- Candy & Packaged Snacks
- Decks of Cards
- Stationary & Postage Stamps
- Calendars
- Magnifying Glasses
- Flashlights & Batteries
- Toiletries (*lotions, lip balm, sunscreen, etc*)
- Brushes & Combs
- Nail Care Supplies
- Blankets & Throws
- Non-Skid Socks
- Mug and Hot Chocolate or Tea
- Grabber Reach Tools
- First Aid Kits
- Nightlights, LED Strips & Puck Lights

We serve seniors from a wide variety of backgrounds and faiths, so we ask that all gifts that celebrate the holiday season are without a specific religious focus.

Pet Supplies

While support is critical for our participants during the holiday season, we also help their four-legged family members who provide valuable companionship and important health benefits. Our Neighbors Pet Program welcomes gifts of dry and wet cat and dog food, toys, and treats to help our older and disabled adults care for their pets during the holidays.

Volunteer Opportunities

Want to volunteer individually or as a group for the holidays? We are looking for help packing holiday gift baskets, serving lunch at holiday parties, assisting with holiday activities and more! This need continues year-round. Let us know if you would like to volunteer beyond the holiday season.

Donate

Your financial contribution – of any amount – provides local seniors the gift of our programs and services. Together, we can ensure that no one needs to go through the journey of aging alone.

ON BEHALF OF THE OLDER ADULTS WE SERVE, THANK YOU!