JANUARY MENU

Lunch is served at 11:30 am. For next-day reservations: 480-962-5612 (Mesa Downtown) or 480-218-2221 (Red Mtn). Items with ** contain pork or pork products. Menu items subject to change due to availability.

MONDAY

TUESDAY

DID YOU KNOW?

2020 is a Leap Year. This means that February will have 29 days, instead of its usual 28. What will you do with your extra day?

WEDNESDAY

Happy **New Year!**



OFFICES CLOSED

THURSDAY

- Hawaiian Pork Tacos**
- Rainbow Vegetables
- Zucchini
- Whole Wheat Tortilla
- Pineapple

Chef's Special

- Bacon Cheese Burger

FRIDAY

- Beef Stew w/ Potato, Carrot, Celery & Onion
- California Vegetables
- Corn
- Cornbread
- Fresh Strawberries

Chef's Special

- Pork Riblet Sandwich

- Breakfast Sandwich w/ Egg & Pork Sausage**
- Hash Brown Patty
- Tomato Wedges
- Cheddar Chive Biscuit
- Fresh Apple

Chef's Special

- Chicken Marsala

- Balsamic-Glazed Chicken
- Asparagus
- Dill Roasted Carrots
- Whole Grain Roll
- Apricots

Chef's Special

- Crab Cakes

- Meatloaf w/ Gravv
- Multi-Color Cauliflower
- Mashed Potatoes
- Whole Grain Roll
- Oreo Cake
- Fruit

Chef's Special

- Macaroni & Cheese

- Chef Salad w/ Turkey and Ham
- Corn Salad
- Whole Grain Crackers
- Banana

Chef's Special

- Shrimp Alfredo

10

- Open Face Turkey Sandwich w/ Gravv
- Mixed Vegetables
- Cranberry Yams
- Whole Grain Roll
- Fresh Orange

Chef's Special

- Philly Cheesesteak

13

- Steak Diane
- Cauliflower
- Baked Potato
- Whole Grain Roll
- Rice Puddina with Banana

Chef's Special

- Enchilada w/ Red Sauce

14

- Veggie Burger with Lettuce & Tomato
- Chef Vegetable
- Potato Wedges
- Whole Grain Bun
- Applesauce

Chef's Special

- Chicken and Rice

15

- Chicken Stroganoff
- Brussel Sprouts
- Winter Vegetable Blend
- Whole Grain Roll
- Mixed Fruit

Chef's Special

- BLT Sandwich

16

- Meatball Sub with Cheese
- Garden Salad
- Green Beans
- Whole Grain Bun
- Fruit Crisp

Chef's Special

- Fish Sticks

- Orange Sage Pork Chop**
- Succotash
- Spinach & Couscous
- Whole Wheat Roll
- Sliced Peaches

Chef's Special

- Tomato Soup & Grilled Cheese

20



OFFICES CLOSED

- Grilled Chicken Piccata
- Spinach
- Roasted Turnips
- Whole Grain Roll
- Mandarin Oranges

Chef's Special

- Hot Dog

22

- Spaghetti w/ Meatball
- Italian Vegetables
- Zucchini
- Whole Wheat **Bread Stick**
- Sliced Apples

Chef's Special

- Chicken & Veg Stir Fry

23

- Cold Salad Plate: Turkey, 3-Bean, and Potato
- Whole Grain Crackers
- Apricots

Chef's Special

- 1/2 Turkey Sandwich & Italian Wedding Soup

- Greek Style Redfish w/ Feta, Olives, Cucumber
- Steamed Cabbage
- Rosemary Potatoes
- Whole Grain Roll - Fresh Fruit

Chef's Special

- Chicken Corden Bleu

27

- Honey Butter Chicken
- Broccoli
- Sweet Potato
- Whole Grain Roll
- Mandarin Oranges

Chef's Special

- Eggplant Parmesan

- 28 -
- Shepard's Pie - Yellow & Green Zucchini
- Whole Grain Roll
- Peaches
- Birthday Cake
 - Birthday Celebration

- 29
- Scrambled Egg with Mushroom & Spinach
- O'Brien Potatoes
- Croissant
- Fresh Fruit

Chef's Special

- Pizza Burger

30

- Pork Fritters w/ Gravy**
- Garden Salad
- Roasted Red Potatoes
- Whole Grain Biscuit - Pineapple Upside Down Cake

Chef's Special

- French Dip Sandwich | - Turkey Swiss Sandwich

31

- Tuna Casserole
- Whole Wheat Pasta
- Broccoli
- Corn
- Whole Grain Crackers
- Sliced Pears

Chef's Special