**MAY MENU**

Meals are ready for pick-up between 11:00 am - 12:00 pm. 480-962-5612 (Mesa Downtown) or 480-218-2221 (Red Mt).

Items with ** contain pork or pork products. Menu items subject to change due to availability.

### Pick-Up & Go Meals

- For community members age 60 and up
- Pick-up daily hot meals or frozen meals for a week
- Suggested contribution of $3.50 per meal
- Reservations are required by 2:00 pm the previous day

<table>
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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</table>
| Ground Pork Spaghetti**  
Brussel Sprouts  
Vegetable Blend  
Whole Wheat Bread  
Key Lime Pie  
Apple | Summer Beef Stew  
Garden Salad  
Cauliflower  
Whole Wheat Roll  
Fruit Cocktail | Chicken Caesar Wrap  
Three-Bean Salad  
Grapes | Cabbage Rolls  
Carrots  
Spinach  
Whole Wheat Roll  
Strawberries | Chicken Salad w/ Pecans, Grapes, and Cranberries  
Marinated Veggie Salad  
Creamy Cuke Salad  
Whole Wheat Crackers  
Honeydew |

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| Scrambled Eggs w/ Onions & Spinach  
Sliced Tomatoes  
Diced Potatoes  
Biscuit  
Plum | Pork Marsala**  
Butternut Squash  
Green Beans  
Whole Wheat Bun  
Cranberry Applesauce | Pineapple Chicken  
Peas and Carrots  
Asparagus  
Whole Wheat Roll  
Sliced Pears | Sloppy Joe  
Fire Roasted Corn  
Zucchini  
Whole Wheat Roll  
Orange |

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</table>
| Falafel Pita  
Malibu Vegetable Blend  
Green beans  
Banana | Salisbury Steak  
Yams  
Succotash  
Whole Wheat Roll  
Orange | Bruschetta Chicken  
Sugar Snap Peas  
Brown Rice  
Whole Wheat Bread  
Banana Pudding  
Peaches | Turkey Swedish Meatballs  
Brussel Sprouts  
Mixed Vegetables  
Whole Wheat Roll  
Cantaloupe |

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</table>
| Trout w/ Garlic Butter  
Garden Salad  
Orzo w/ Tomato and Basil  
Whole Wheat Roll  
Sliced Peaches | Pulled Pork Sandwich**  
Coleslaw  
Green Beans  
Whole Wheat Bun  
Pecan Pie  
Banana | Tuscan Chicken w/ Spinach & Tomatoes  
Broccoli  
Whole Wheat Roll  
Fruit Cocktail | Egg Salad Plate  
Italian Vegetable Pasta Salad  
Beets  
Whole Wheat Cracker  
Sliced Apples |

Closed in Observance of Memorial Day

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Aster Aging, Inc is funded in part by Area Agency on Aging, Region One