

JUNE MENU

For next day reservations (lunch is served at 11:30 am), call [480-962-5612](tel:480-962-5612) (Mesa Downtown) or [480-218-2221](tel:480-218-2221) (Red Mt).

Items with ** contain pork or pork products. Menu items subject to change due to availability.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6

A Cold Plate of Egg, Beets & 3-Bean salads, with Whole Wheat Crackers, and fresh Pineapple

7

Philly Beef with Cheese Sauce on a Whole Wheat Hoagie, with French Fries, Mixed Vegetables, and Fresh Pear

8

Cheese Ravioli with Spinach, Italian Blend Vegetables, a Whole Grain Bread Stick, and Sliced Apples

9

An Italian Sausage Sandwich** on a Whole Wheat Bun, with Broccoli, 4-Way Mixed Vegetables, and a Fruit Cup

10

A Cheeseburger with Lettuce and Tomato on a Whole Wheat Bun, served with Baked Beans, and Mixed Berries

13

Tuna Salad Sandwich on Whole Grain Bread, with Celery & Carrot Sticks, Broccoli Salad, and a Mandarin Orange

14

Turkey ala King, with Sweet Potatoes, Spinach, a Whole Wheat Biscuit, Fruit Cocktail, and Birthday Cake!

15

Beefy Macaroni & Cheese, with Mixed Vegetables, Carrot Coins, a Whole Wheat Roll, and an Orange

16

Paprika Chicken over a Winter Blend of Vegetables, Zucchini, a Whole Grain Bread Stick, and Pineapple

17

A Pulled Pork Sandwich** on a Whole Wheat Bun, with Spinach, Baked Beans, and Fresh Strawberries

20

Meatloaf with Mashed Potatoes and Gravy, a side of Peas, a Whole Wheat Roll, and Mixed Berries

21

Grilled Chicken served with Roasted Tomatoes, 3-Bean Salad, a Whole Wheat Roll, and a delicious Gala Apple

22

Turkey Meatballs with Gravy, Balsamic Carrots, a Garden Salad, a Whole Grain Roll, and Mandarin Oranges

23

Steak Diane, served with Succotash, Wax Beans, a Whole Wheat Roll, and an Apple Crisp

24

Chicken Kiev with Stewed Tomatoes, Italian Green Beans, a Whole Wheat Roll, and Juicy Grapes

27

Baked Ham with Pineapple**, Yams, Edamame, a Whole Wheat Roll, and Apricots

28

Teriyaki Beef over Brown Rice, with Yellow Squash, Broccoli, Cauliflower, and Cinnamon Pears

29

Chicken Salad Sandwich with Lettuce & Tomato on Whole Wheat Bread, with Carrot Sticks, and a Banana

30

Beef Tacos filled with Lettuce, Tomato and Cheese, sides of Mexican Rice, Pinto Beans, and Fresh Strawberries, with a Cookie