

MAY MENU

For next day reservations (lunch is served at 11:30 am), call [480-962-5612](tel:480-962-5612) (Mesa Downtown) or [480-218-2221](tel:480-218-2221) (Red Mt).

Items with ** contain pork or pork products. Menu items subject to change due to availability.

2 MONDAY

- Baked Ham w/ Pineapple**
- Yams
- Edamame
- Whole Wheat Roll
- Apricots

3 TUESDAY

- Teriyaki Beef
- Yellow Squash
- Broccoli & Cauliflower
- Brown Rice
- Cinnamon Pears

4 WEDNESDAY

- Chicken Salad Sandwich
- Lettuce & Tomato
- Carrot Sticks
- Whole Wheat Bread
- Banana

5 THURSDAY

- Beef Tacos
- Lettuce, Tomato & Cheese
- Mexican Rice
- Pinto Beans
- Strawberries
- Cookie

6 FRIDAY

- Turkey Burger with Lettuce & Tomato on a Whole Wheat Hamburger Bun
- Carrots
- Orange

9

- Vegetable Lasagna
- Italian Blend Vegetables
- Asparagus
- Whole Wheat Roll
- Grapes
- Red Velvet Petite Cake

10

- Baked Perch with Lemon Pepper
- Rice Pilaf with Mixed Vegetable
- Cauliflower
- Whole Wheat Roll
- Cinnamon Sliced Apples

11

- Chef Salad w/ Turkey, Ham, Cheese**
- Corn Salad
- Beets
- Whole Grain Crackers
- Peach Crisp
- Fruit Cocktail

12

- Sesame Chicken
- Zucchini
- Wax Beans
- Whole Wheat Roll
- Apricots

13

- Beef Stir Fry with Peppers
- Asian Blend Vegetables
- Roasted Tomatoes
- Brown Rice
- Banana

16

- Meatball Submarine**
- Baked Fries
- Green Beans
- Whole Wheat Bun
- Apple

17

- Hot Corned Beef Sandwich
- Chuckwagon Corn
- Peas and Carrots
- Whole Wheat Bread
- Strawberries

18

- Baked Chicken with Gravy
- Mashed Potatoes
- Spinach
- Whole Wheat Roll
- Sliced Pears

19

- Cold Plate: Tuna Salad
- Pea Salad
- Carrot Sticks
- Croissant
- Grapes

20

- Shrimp Alfredo
- Whole Baby Carrots
- Sliced Tomatoes
- Whole Wheat Pasta
- Tropical Fruit Cup

23

- Stuffed Chicken w/ Broccoli & Cheese
- Spinach
- Roasted Potatoes
- Whole Wheat Roll
- Fresh Pear

24

- Turkey Chili
- Corn
- Cauliflower
- Corn Bread
- Sliced Apples

25

- Beef Burgundy
- Broccoli
- Beets
- Whole Grain Egg Noodles
- Fruit Cocktail

26

- Chicken Parmesan Sandwich
- Italian Blend Vegetables
- Wax Beans
- Whole Wheat Bun
- Strawberries

27

- Italian Burger w/ Red Sauce
- Broccoli & Cauliflower
- Baked Beans
- Whole Wheat Bun
- Orange
- Birthday Cake

30

OFFICE CLOSED



31

- Garlic Lemon Baked Tilapia
- Spinach
- Peas
- Brown Rice Pilaf
- Mandarin Oranges

