

SNAP IS FOR YOU!



Help for people on fixed incomes is important because the cost of living goes up, but our incomes do not.

SNAP gives you options.
You can choose where to shop and what to buy.

SNAP helps you keep healthy food on the table so you do not have to choose between things like medicine, rent, or food.

Applying for SNAP is easy - we can help! Call 480-962-5612 and one of our trained social service professionals will assist you. There is **NO FEE** for our Benefits Enrollment Center Services! Please stop in to speak confidentially with one of our Outreach Specialists. We are also happy to schedule a home visit with you in the East Valley.

Senior Center at Mesa Downtown

247 N Macdonald Street
Mesa, AZ 85201

Senior Center at Red Mountain

7550 E Adobe Street
Mesa, AZ 85207



WHAT IS SNAP?

The Supplemental Nutrition Assistance Program (SNAP) formerly known as Food Stamps, helps limited-income people, including older adults, buy the food they need to be healthy.

HOW DOES IT WORK?

SNAP benefits are loaded onto an Electronic Benefits Transfer (EBT) card once a month. The EBT card looks like a regular debit card and can be used to buy healthy foods at grocery stores, convenience stores and farmers markets.

HOW DO I APPLY?

We can help! Aster Aging can complete a pre-screening for you to see if you may qualify for SNAP and other benefits. If you are eligible, we can then assist you in completing the SNAP on-line application.

HOW MUCH ASSISTANCE DO PEOPLE RECEIVE?

The amount depends on a person's circumstances. We can assist you in determining the amount of benefits you will receive. The minimum for eligible people is \$23 a month.

THINK EVEN THE MINIMUM OF \$23 A MONTH ISN'T WORTH IT?



EVEN IF YOU ONLY QUALIFY FOR THE MINIMUM, A LITTLE ASSISTANCE GOES A LONG WAY