

FEBRUARY MENU

Lunch is served at 11:30 am. For next-day reservations: 480-962-5612 (Mesa Downtown) or 480-218-2221 (Red Mtn).

Items with ** contain pork or pork products. Menu items subject to change due to availability.

3 MONDAY

- Baked Ham w/ Pineapple**
- Cauliflower
- Stewed Tomatoes
- Whole Grain Roll
- Fruit Cocktail

Chef's Special

- Baked Cod

4 TUESDAY

- Shrimp Alfredo
- Fresh Green Beans
- Carrots
- Whole Wheat Roll
- Mixed Berries

Chef's Special

- Frito Pie

5 WEDNESDAY

- Beef Tacos w/ Lettuce, Tomato, & Cheese
- Whole Wheat Tortilla
- Refried Beans
- Fresh Banana

Chef's Choice

- Sonoran Dog

6 THURSDAY

- Zesty BBQ Chicken
- Baked Beans
- Grilled Veggie Mix
- Whole Grain Roll
- Crisp Apple

Chef's Special

- Cheeseburger

7 FRIDAY

- Salad Plate: Egg, 3-Bean, & Orange
- Sliced Beets
- Whole Grain Roll
- Sweet Blueberry Crisp

Chef's Special

- Chicken Salad Sandwich

10

- Baked Catfish
- Vegetable Rice Pilaf
- Broccoli
- Whole Grain Roll
- Fresh Fruit

Chef's Special

- Lemon Chicken

11

- Vegetable Lasagna
- Italian Blend Veggies
- Asparagus
- Whole Grain Roll
- Cinnamon Sliced Peaches

Chef's Special

- Popcorn Shrimp

12

- Chicken Parmigiana
- Bed of Bowtie Pasta
- Garden Salad
- Spinach
- Vanilla Pudding with Fruit

Chef's Choice

- Meatballs over Pasta

13

- Brat w/ Sauerkraut**
- German Potato Salad
- Sliced Carrots
- Whole Grain Bun
- Nutmeg Spiced Pears

Chef's Special

- Grill Chicken Sandwich

14

- Meatloaf w/ Gravy
- Mashed Potatoes
- Chuckwagon Corn
- Whole Grain Roll
- Sliced Apples

Chef's Special

- Apple Sage Pork Chop

17

President's Day



OFFICES CLOSED

18

- Honey Sesame Chicken Thighs
- Carrots
- Zucchini and Squash
- Whole Grain Bun
- Banana Cake

Chef's Special

- Macaroni & Cheese

19

- Turkey Burger with Lettuce & Tomato
- Baked Beans
- Baked French Fries
- Whole Grain Roll
- Orange

Chef's Choice

- Philly Cheesesteak

20

- Sloppy Joe
- Winter Blend Veggies
- Sweet Corn
- Whole Wheat Bun
- Apricots

Chef's Special

- Pork Riblette Sandwich

21

- Lemon Pepper Tilapia
- California Veggies
- Garden Salad
- Whole Wheat Roll
- Fruit Cocktail

Chef's Special

- 1/2 Turkey Sandwich & Soup

24

- Broccoli & Cheese Chicken
- Green Beans
- Spinach
- Whole Wheat Roll
- Pineapple

Chef's Special

- Meatloaf Sandwich

25

- Tuna Salad Sandwich
- Lettuce & Tomato
- Sliced Beets
- Whole Grain Bun
- Grapes

Chef's Special

- Cheese Manicotti

26

- Baked Potato w/ Chili & Cheese
- Broccoli
- Stewed Tomatoes
- Whole Wheat Roll
- Sliced Pears

Chef's Choice

- Sausage, Egg, & Cheese Sandwich

27

- Hawaiian Pork Tacos**
- Rainbow Veggie Blend
- Zucchini
- Whole Wheat Tortilla
- Pineapple

Chef's Special

- Chicken Tacos

28

- Beef Stew with Carrot Potato
- California Veggies
- Corn
- Whole Grain Roll
- Fruit Cocktail

Chef's Special

- Chicken Cordon Bleu



DID YOU KNOW?

It was established in 1885 to honor President George Washington's birthday, which was actually on February 22, 1732. Presidents Day is celebrated on the third Monday in February, thanks to the 1968 Uniform Monday Holiday Act.